

you use to describe your experience in the wake of the ongoing pandemic?”. The resulting piece then highlights glimpses into the lives of others, ultimately allowing them a voice through her

own representative work.

Artist Stephanie Alacon also works to give those underserved a voice, including herself. Highlighting the often taboo subjects of mental illness and her status as a woman, Alacon uses the mediums of ceramic and glass to provide her audience with an insight into her own

emotional condition, with the utter humanity in her pieces allowing the viewer to not only place themselves in her shoes, but to also examine their own thoughts and experiences through the lens of her creation. Her pieces “Bottlenecked” and “Just a Thought” each serve to highlight this purpose, vulnerably revealing Alacon’s own experiences with sexism and anxiety to generate empathy with her own audience and ultimately, self-reflection.

Bringing a third dimension to this reflection is Neda Towfiq. Born and raised in Iran, Towfiq grew to love and appreciate beauty through the influence of her mother, and was inspired to continue her artistic journey in Florence Italy before moving to America. Vibrantly colorful, Towfiq’s paintings emerge directly from the heart of the artist herself, conveying stories of love and pain, often in the form of portraiture. Through her works we see the soul of her subject sat before us, and are challenged to not only embrace their diversity but to share in their emotion. “Tears of Joy” and “The Immigrant” each present us with figures whose



Neda Towfiq
“The Immigrant”, 2020
Watercolor, 24 x 20”

stories are revealed through their eyes and their aged hands, calling us to investigate their lives and experiences.

Art cannot be separated from the artist, and the artist cannot be separated from their stories. As one artist lovingly put, it is the story behind the stories which make us who we are, each approaching this exhibition with our own experiences, judgements, and preconceived notions. We All Fall Apart welcomes you to examine your own story, how it affects you, affects others. So please, join us in our work to connect with ourselves and with one another through these amazing pieces.